



सत्यमेव जयते



UNEP-GEF-MoEF-ABS Project

Report

A State Level Seminar on “GOA’S BIODIVERSITY FOR BETTER NUTRITION AND HEALTH” was organized by Food, Nutrition and Dietetics specialization of Goa college of Home Science (GCHS) in collaboration with **Goa State Biodiversity Board (GSBB) under UNEP-GEF-MoEF-ABS project** for members of Biodiversity Management Committee and Students on 1st September 2016.

Shri. Pradip Sarmokadam, Member Secretary of Goa State Biodiversity Board was present as Chief Guest for the inaugural function. In his inaugural address, he emphasized on Biodiversity of Goa and its nutritional contents. He stressed on promotion of indigenous species, dietary diversity, conservation of plant species and creating and raising awareness on the value of biodiversity.

Dr. S. Priyadevi, Senior Scientist from ICAR, Ela Old Goa delivered the keynote address. She highlighted the significance of biodiversity in health care system and feeding pattern. She also gave details about the wild varieties of fruits from Goa. She shared the tremendous unique potentiality of underutilised edible plants of Goa.

Shri. Hiralal Prabhudessai, Taxonomist, addressed the participants on genetic enhancement of indigenous biodiversity of cereals and pulses in public health nutrition. He also stressed on the traditional rice varieties of Goa.

A total of 120 participants were present including of officials from GSBB and faculty of Goa Collage of Home Science.

To create awareness of Goa’s biodiversity, a State level poster competition on the theme “**INDIGENOUS PLANT BIODIVERSITY IN PUBLIC NUTRITION**” was also organised for the Higher Secondary Students.

The following Higher Secondary Schools participated in the said event:

- Peoples Higher Secondary School, Panaji, Goa.
- Shri Bhumika Higher Secondary School, Parye, Sakhali, Goa.
- Harmal Panchkroshi Higher Secondary School, Arambol, Pernem, Goa.
- St. Xaviers Higher Secondary School, Mapusa, Goa.
- Navodaya Vidyalaya, Canacona, Goa.
- T.B.Cunha Higher Secondary School, Campal, panaji, Goa.
- Cuncolim United Higher Secondary School, Cuncolim,Goa.

Information on nutrient contents of edible indigenous plants was creatively presented by students in their posters. The students explained their poster to the judges of the competition. Dr. Shilpa Bhonsle, Assistant Professor at St. Xaviers College, Ms. Geeta Velingkar, Subject Matter Specialist at Directorate of Agriculture, and Mr. Peranto Dias, Ph.D. Scholar at Goa University were the judges.

A poster designed by Devashri Kamat and Anushka Bodke of Peoples Higher Secondary School, Panaji, under the guidance of Ms. Triveni Prabhudessai were adjudged the first prize winner. Amey Gawas and Govind Gawas of Shri Bhumika Higher Secondary School, Parye won Second Prize. The third prize went to Pradnesh Naik, Gautami Kinlekar and Mrs. Geeta Kanoji of Harmal Panchkroshi. Neshka Noronha and Aliza Gomes of St. Xaviers Higher Secondary School, Mapusa bagged the consolation prize.

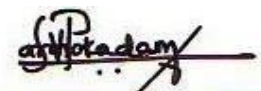
A display on Roots and Shoots, with their health benefits and nutritive value was explained, also exhibited by the Directorate of Agriculture.

At the outset Dr. Mahesh Pai, Principal of Goa College of Home Science, welcomed the gathering and introduced the dignitaries. The objective of the seminar was presented by Ms. Varsha Naik, Assistant Professor and activity co-ordinator for the event. Ms. Priyanka Chodankar of S.Y.BSc compered the entire function.

The programme was concluded by vote of thanks.

Prepared by: Ms. Sneha Bhonsle, STA

Checked by: Dr. Vidhya Gaude, SPC



Shri. Pradip Sarmokadam
Member Secretary, GSBB



Shri. Pradip Sarmokadam, Member Secretary GSBB addressing the gathering



State level poster competition



Shri. Hiralal Prabhudessai, Taxonomist, addressed the participants on genetic enhancement of indigenous biodiversity of cereals and pulses.



Dr. S. Priyadevi, Senior Scientist ICAR, Ela Old Goa delivering lecture on significance of biodiversity in health care.



Prize distribution



Participants for the Seminar